# On A Generalized Baillon–Haddad Theorem for Convex Functions on Hilbert Space<sup>\*</sup>

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#### Abstract

The Baillon–Haddad Theorem asserts that, if the gradient operator of a convex and Fréchet differentiable function on a Hilbert space is nonexpansive, then it is firmly nonexpansive. This theorem plays an important role in iterative optimization. In this note we present a short, elementary proof of a generalization of the Baillon–Haddad Theorem.

**Key Words:** Bregman distance, convex function, firmly nonexpansive, gradient, nonexpansive, Baillon–Haddad Theorem, Krasnosel'skii–Mann Theorem.

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### 1 Introduction

We denote by  $\mathcal{H}$  a real Hilbert space with inner product  $\langle \cdot, \cdot \rangle$  and norm  $\|\cdot\|$ . We say that an operator  $T: \mathcal{H} \to \mathcal{H}$  is *convergent* if, for every starting vector  $x^0$ , the sequence  $\{x^k\}$  defined by  $x^k = Tx^{k-1}$  converges weakly to a fixed point of T, whenever T has a fixed point. Fixed-point iterative methods are used to solve a variety of problems by selecting a convergent T for which the fixed points of T are solutions of the original problem. It is important, therefore, to identify properties of an operator T that guarantee that T is convergent.

An operator  $T: \mathcal{H} \to \mathcal{H}$  is nonexpansive if, for all x and y in  $\mathcal{H}$ ,

$$||Tx - Ty|| \le ||x - y||. \tag{1.1}$$

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Just being nonexpansive does not make T convergent, as the example T = -Idshows; here Id is the identity operator. It doesn't take much, however, to convert a nonexpansive operator N into a convergent operator. Let  $0 < \alpha < 1$  and  $T = (1 - \alpha)Id + \alpha N$ ; then T is convergent. Such operators are called *averaged* [1, 3, 6] and are convergent as a consequence of the Krasnosel'skii-Mann Theorem [5].

A operator  $T: \mathcal{H} \to \mathcal{H}$  is firmly nonexpansive if, for all x and y in  $\mathcal{H}$ ,

$$\langle Tx - Ty, x - y \rangle \ge \|Tx - Ty\|^2. \tag{1.2}$$

It is not hard to show that T is firmly nonexpansive if and only if  $T = \frac{1}{2}(Id + N)$ , for some nonexpansive operator N. Clearly, then, if T is firmly nonexpansive, Tis averaged, and therefore T is nonexpansive, and all firmly nonexpansive operators are convergent. Also, T is firmly nonexpansive if and only if G = Id - T is firmly nonexpansive. The Baillon-Haddad Theorem is the following.

**Theorem 1.1 (The Baillon–Haddad Theorem)** ([2], Corollaire 10]) Let  $f : \mathcal{H} \to \mathbb{R}$  be convex and Gâteaux differentiable on  $\mathcal{H}$ , and its gradient operator  $T = \nabla f$  non-expansive. Then f is Fréchet differentiable and T is firmly nonexpansive.

In [2] this theorem appears as a corollary of a more general theorem concerning n-cyclically monotone operators in normed vector space. In [4] Bauschke and Combettes generalize the Baillon-Haddad Theorem, giving several additional conditions equivalent to the two in Theorem 1.1. Their proofs are not elementary.

The Baillon-Haddad Theorem provides an important link between convex optimization and fixed-point iteration. If  $g : \mathcal{H} \to \mathbb{R}$  is a Gâteaux differentiable convex function and its gradient is *L*-Lipschitz continuous, that is,

$$\|\nabla g(x) - \nabla g(y)\| \le L \|x - y\|,$$
 (1.3)

for all x and y, then g is Fréchet differentiable and the gradient operator of the function  $f = \frac{1}{L}g$  is nonexpansive. By the Baillon-Haddad Theorem the gradient operator of f is firmly nonexpansive. It follows that, for any  $0 < \gamma < \frac{2}{L}$ , the operator  $Id - \gamma \nabla g$  is averaged, and therefore convergent. The class of averaged operators is closed to finite products, and  $P_C$ , the orthogonal projection onto a closed convex set C, is firmly nonexpansive. Therefore, the projected gradient-descent algorithm with the iterative step

$$x^{k+1} = P_C(x^k - \gamma \nabla g(x^k)) \tag{1.4}$$

converges weakly to a minimizer, over C, of the function g, whenever such minimizers exist.

In this note we present a short and elementary proof of the following theorem, using only fundamental properties of convex differentiable functions.

**Theorem 1.2** Let  $f : \mathcal{H} \to \mathbb{R}$  be convex and Gâteaux differentiable. The following are equivalent:

- 1. the function  $F(x) = \frac{1}{2} ||x||^2 f(x)$  is convex;
- 2. for all x and z we have

$$\frac{1}{2} \|z - x\|^2 \ge D_f(z, x) \doteq f(z) - f(x) - \langle \nabla f(x), z - x \rangle \ge 0;$$
(1.5)

- 3. the gradient operator  $T = \nabla f$  is firmly nonexpansive;
- 4. the function f is Fréchet differentiable and  $T = \nabla f$  is nonexpansive.

The proof of Theorem 1.1 given in [10] was reproduced in [7]. The proof given here for Theorem 1.2 is based on the one given for Theorem 1.1 in [8] and [9].

## 2 Proof of Theorem 1.2

Prove (2), assuming (1), that F is convex. Since F is convex, and  $\nabla F(x) = x - \nabla f(x)$ , we have

$$F(z) \ge F(x) + \langle \nabla F(x), z - x \rangle, \qquad (2.1)$$

which is equivalent to

$$\frac{1}{2}||z - x||^2 \ge D_f(z, x).$$
(2.2)

Prove (3), assuming (2), that Equation (1.5) holds. Let  $y \in \mathcal{H}$  be arbitrary and fixed. Let  $d(x) = D_f(x, y)$ . Then d(x) is convex and  $\nabla d(x) = \nabla f(x) - \nabla f(y)$ . It is easily seen that  $D_f(z, x) = D_d(z, x)$ , so from (1.5) we have

$$\frac{1}{2} \|z - x\|^2 \ge D_d(z, x) = d(z) - d(x) - \langle \nabla f(x) - \nabla f(y), z - x \rangle.$$
(2.3)

Now let  $z = x - \nabla f(x) + \nabla f(y)$ . Inserting this z into (2.3), we obtain

$$D_f(x,y) = d(x) \ge d(z) + \frac{1}{2} \|\nabla f(x) - \nabla f(y)\|^2 \ge \frac{1}{2} \|\nabla f(x) - \nabla f(y)\|^2.$$
(2.4)

Similarly, we can show that

$$D_f(y,x) \ge \frac{1}{2} \|\nabla f(x) - \nabla f(y)\|^2.$$
 (2.5)

Adding the previous two inequalities, we get

$$\langle \nabla f(x) - \nabla f(y), x - y \rangle \ge \| \nabla f(x) - \nabla f(y) \|^2,$$
(2.6)

so  $T = \nabla f$  is firmly nonexpansive. Prove (4), assuming (3), that  $T = \nabla f$  is firmly nonexpansive. It is clear that T is then nonexpansive. Since the gradient operator is continuous, f is Fréchet differentiable. Prove (1), assuming (4). The function  $F(x) = \frac{1}{2} ||x||^2 - f(x)$  is Fréchet differentiable and  $\nabla F(x) = x - \nabla f(x)$ . Since

$$\langle \nabla F(z) - \nabla F(x), z - x \rangle \ge ||z - x|| (||z - x|| - ||\nabla f(z) - \nabla f(x)||) \ge 0,$$

we know that F(x) is a convex function.

Notice that we have actually proved a somewhat stronger inequality than (1.2):

$$\langle \nabla f(x) - \nabla f(y), x - y \rangle - \| \nabla f(x) - \nabla f(y) \|^2$$
  
$$\geq D_f(x - \nabla f(x) + \nabla f(y), y) + D_f(y - \nabla f(y) + \nabla f(x), x) \geq 0.$$
(2.7)

We get a slightly more general version of Theorem 1.2, but with a less elementary proof, if we assume that f is lower semi-continuous and omit the assumption that f is Gâteaux differentiable. Once we assume 1., the Gâteaux differentiability of f follows from Proposition 2.1 and Proposition 2.2.

**Definition 2.1** Let  $f : \mathcal{H} \to \mathbb{R}$  be arbitrary. The subdifferential of f, at the point x, is the set

$$\partial f(x) = \{ u | \langle u, y - x \rangle \le f(y) - f(x), \text{ for all } y \in \mathcal{H} \}.$$

The members of  $\partial f(x)$  are the subgradients of f at x.

For any lower semi-continuous  $f : \mathcal{H} \to \mathbb{R}$ , the function f is convex if and only if  $\partial f(x)$  is not empty, for all x (see [5], Proposition 16.14).

**Proposition 2.1** Let  $f : \mathcal{H} \to \mathbb{R}$  and  $g : \mathcal{H} \to \mathbb{R}$  be arbitrary functions. Then

$$\partial f(x) + \partial g(x) \subseteq \partial (f+g)(x).$$
 (2.8)

**Proof:** The containment follows immediately from the definition of the subdifferential.

Since both f and g are finite-valued, the containment in (2.8) actually goes both ways, if both f and g are lower semi-continuous. In some discussions, convex functions may be allowed to take on the value  $+\infty$ . In such cases only the containment in (2.8) may hold. See Corollary 16.38 of [5]. **Proposition 2.2** If  $f : \mathcal{H} \to \mathbb{R}$  and  $g : \mathcal{H} \to \mathbb{R}$  are both lower semi-continuous and convex, and f + g = h is Gâteaux differentiable, then both f and g are Gâteaux differentiable.

**Proof:** From Proposition 2.1 we have

$$\partial f(x) + \partial g(x) \subseteq \partial (f+g)(x) = \partial h(x) = \{\nabla h(x)\}.$$

Therefore, both  $\partial f(x)$  and  $\partial g(x)$  are nonempty and must be singleton sets. Therefore, both functions are Gâteaux differentiable, according to Proposition 17.26 of [5].

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