

# KHANH THI DINH

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## EDUCATION

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**Doctor of Philosophy, Clinical Psychology** 1999  
APA Accredited Program, University of Washington, Seattle, WA

- Dissertation: *Psychological Adjustment and the Quality of Parent-Child Relationships among Asian Americans: Acculturation and Parent-Child Acculturation Conflict*
- Clinical Internship: APA Accredited Program, Southwest Consortium Predoctoral Psychology Internship Program, Albuquerque, NM.
- Minor and Breadths: Community Psychology, Developmental Psychology, Psychology of Women.

**Bachelor of Arts, Psychology** 1990  
University of Washington, Seattle, WA

- Honors Thesis: *Parent-Child Relationships in Vietnamese Immigrant Families*
- Academic Honor: Graduated with Distinction in Psychology

## POSTGRADUATE TRAINING

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**Postdoctoral Fellow** 1999-2001  
Center for Prevention Research, Arizona State University, Tempe, AZ

- Participated as postdoctoral trainee in several prevention research studies, focusing on acculturative issues, problem behavior, and mental health problems among Mexican American families and youth. Responsibilities included writing manuscripts, performing statistical analysis, obtaining advanced statistical skills, assisting in the development of new acculturation measures and focus groups, and attending prevention research seminars and courses.

## ACADEMIC APPOINTMENT

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**Associate Professor** 2007-present  
Department of Psychology, University of Massachusetts, Lowell, MA

**Assistant Professor** 2001-2007  
Department of Psychology, University of Massachusetts, Lowell, MA

## AREAS OF EXPERTISE

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- Immigrant psychology and adjustment (youth and families)
- Diversity and ethnic minority psychology
- Health risk behaviors in youth populations

## RESEARCH EXPERIENCE

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### **Principal Investigator**

2001-present

Laboratory for Immigrant Research, Department of Psychology, University of Massachusetts Lowell

The Laboratory for Immigrant Research involves research and consultation projects focusing on the psychosocial adjustment of immigrant individuals, families, and communities. Current projects include: (1) Health and Mental Health Status of Mexican American Women; (2) Acculturation and Parent-Child Relationships in Asian American Families; (3) Acculturative Experiences of White/Euro-Americans in their Adaptation to Asian Americans; and (4) Academic Achievement of Cambodian American Youth.

### **Principal Investigator**

1994-1998

Asian American Families Study, Department of Psychology, University of Washington, Seattle, WA

Conceptualized and designed a study of 300 Asian American participants and their parents; trained two teams of research assistants to conduct laboratory sessions, interviews, and behavioral coding of videotapes; modified existing coding methods and instruments; performed statistical analyses; manuscripts preparation.

### **Research Assistant**

1990-1998

Hutchinson Smoking Prevention Project, Fred Hutchinson Cancer Research Center, Seattle, WA  
Principal Investigators: Arthur Peterson, Ph.D. and Irwin Sarason, Ph.D.

A 15-year longitudinal study of smoking prevention among children and adolescents from 3rd grade to two years after high school in 40 school districts in the state of Washington. Duties: wrote manuscripts; assisted in the development of smoking prevention curriculum units from 3rd grade to 10th grade and cessation components for high school students; assisted in writing grant proposals; developed surveys; conducted pilot studies; performed statistical analyses.

### **Research Assistant**

1990-1992

Blood Donation Project, Department of Psychology, University of Washington, Seattle, WA  
Principal Investigators: Irwin Sarason, Ph.D. and Barbara Sarason, Ph.D.

A nation-wide study investigating intervention effectiveness of motivational videos on prevalence of blood donation among adults and high school students. Assisted in the development of motivational videos for adults and high school students; conducted pilot studies; developed psychological instruments; performed statistical analyses.

### **Principal Investigator**

1988-1990

Vietnamese Immigrant Families Study, Department of Psychology, University of Washington, Seattle, WA  
Faculty Advisor: Barbara Sarason, Ph.D.

As part of an undergraduate honors project, conceptualized and designed a study which included 200 college-age participants and their parents; trained research assistants to conduct phone recruitment, laboratory sessions, and data entry; modified existing instruments; performed back-translation of instruments from Vietnamese to English; performed statistical analysis; prepared manuscript.

### **Research Assistant**

1987-1988

Romantic Relationships Study, Department of Psychology, University of Washington, Seattle, WA  
Principal Investigator: Alan Fruzzetti, Ph.D.

A 1-year study examining relationship satisfaction and psychological adjustment among college students. Responsibilities included conducting laboratory sessions and follow-up interviews, data coding and entry.

## CLINICAL EXPERIENCE

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### **Psychology Resident**

1999-2001

Clinical Psychology Center, Arizona State University, Tempe, AZ

Diagnosis, testing, and treatment of individuals in brief outpatient cognitive-behavioral psychotherapy. Client populations include university students and individuals from the Phoenix metropolitan area.

### **Psychology Intern**

1998-1999

Southwest Consortium Predoctoral Psychology Internship, Albuquerque, NM

Rotations included Behavioral Medicine, Indian Health Service, Psychiatric Consultation, and Substance Abuse. Diagnosis, testing, and treatment of individuals, couples, and groups in brief outpatient and inpatient cognitive-behavioral psychotherapy; patient populations included veterans, Native Americans, Hispanic Americans, adolescents, adults, and elderly.

### **Staff Therapist**

1993-1998

Psychological Services & Training Center, University of Washington, Seattle, WA

Diagnosis and treatment of individuals, couples, and groups in both short and long-term outpatient psychotherapy; therapeutic orientations included cognitive-behavioral, psychodynamic, family systems, feminist, and narrative therapy.

### **Counselor and Case Manager**

1/1996-6/1996

Asian Counseling and Referral Service, Seattle, WA

Provided short-term individual outpatient psychotherapy (in Vietnamese) to Vietnamese clients; received case management training; performed statistical analyses and summarized results of treatment outcomes.

### **Staff Therapist**

1995-1996

Family Therapy Team, Department of Psychology, University of Washington, Seattle, WA

Received didactic and clinical training in structural and strategic family therapy, including in vivo and group supervision and direct intervention with participating families.

### **Staff Therapist**

1994-1995

Hall Health Mental Health Center, University of Washington, Seattle, WA.

Diagnosis and treatment of individuals in short-term outpatient psychotherapy within a university counseling center.

## TEACHING EXPERIENCE

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### **Courses:**

- Abnormal Psychology
- Community Psychology
- Immigrant Psychology & Communities
- Psychology of Diversity
- Social Psychology

### UMass Lowell's Teaching Load:

2001-2010      6 courses per academic year

2010-present    5 courses per academic year (for research-active faculty)

## PUBLICATIONS

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- Ho, I. K., & Dinh, K. T. (In press). Cervical cancer screening among Southeast Asian American women. *Journal of Immigrant and Minority Health*.
- Dinh, K. T., Castro, F. G., Tein, J., & Kim, S. Y. (2009). Cultural predictors of physical and mental health status among Mexican American women: A mediation model. *American Journal of Community Psychology, 43*, 35-48.
- Ho, I. K., & Dinh, K. T. (2009). Mentoring Asian students toward the health professions. In L. Zhan (Ed.), *Asian American voices: Engaging, empowering, and enabling* (pp. 77-90). New York: National League for Nursing.
- Dinh, K. T. (2009). The A-B-C in clinical practice with Southeast Asians: Basic understanding of immigration and resettlement history. In N. T. Trinh, Y. Rho, K. Sanders, & F. Lu (Eds.), *Handbook of mental health and acculturation in Asian American families* (pp. 123-141). Totowa, New Jersey: Humana Press, Inc.
- Vo-Jutabha, E. D., Dinh, K. T., McHale, J. P., & Valsiner, J. (2009). A qualitative analysis of Vietnamese adolescent identity exploration within and outside an ethnic enclave. *Journal of Youth and Adolescence, 38*(5), 672-690.
- Liu, L., Lau, A., Chen, A. C. -C., Dinh, K. T., & Kim, S. Y. (2009). The influence of maternal acculturation, neighborhood disadvantage, and parenting on Chinese American adolescents' conduct problems: Testing the segmented assimilation hypothesis. *Journal of Youth and Adolescence, 38*(5), 691-702.
- Dinh, K. T., & Bond, M. A. (2008). Guest Editors of Special Section - The other side of acculturation: Changes among Host Individuals and Communities in their Adaptation to Immigrant Populations. *American Journal of Community Psychology, 42*, 283-368.
- Dinh, K. T., Weinstein, T. L., Nemon, M., & Rondeau, S. (2008). The effects of contact with Asians and Asian Americans on White American college students: Attitudes, awareness of racial discrimination, and psychological adjustment. *American Journal of Community Psychology, 42*, 298-308.
- Kim, S. Y., Benner, A. D., Ongbongan, K., Acob, J., Dinh, K. T., Takushi, R. M. N., Dennerlein, D. (2008). Children of Filipino immigrants in Hawai'i: Adolescent girls' experiences at home and at school. *Journal of Immigrant and Refugee Studies, 6*, 591-598.
- Dinh, K. T., Weinstein, T. L., Kim, S. Y., & Ho, I. K. (2008). Acculturative and psychological predictors of academic-related outcomes among Cambodian American high school students. *Journal of Southeast Asian American Education and Advancement, 3*, 1-23.
- Dinh, K. T. (2006). Vietnamese Americans. In Y. Jackson (Ed.), *Encyclopedia of multicultural psychology* (pp. 463-469). Thousand Oaks, CA: Sage Publications.
- Dinh, K. T., & Nguyen, H. H. (2006). The effects of acculturative variables on Asian American parent-child relationships. *Journal of Social and Personal Relationships, 23*, 407-426.

- Lopez, V. A., Roosa, M. W., Tein, J., & Dinh, K. T. (2004). Accounting for Anglo-Hispanic differences in school misbehavior. *Journal of Ethnicity in Criminal Justice*, 2, 27-46.
- Dinh, K. T., Roosa, M. W., Tein, J., & Lopez, V. A. (2002). The relationship between acculturation and problem behavior proneness in a Hispanic youth sample: A longitudinal mediation model. *Journal of Abnormal Child Psychology*, 30, 295-309.
- Burt, R. D., Dinh, K. T., Peterson, A. V., & Sarason, I. G. (2000). Predicting adolescent smoking: A prospective study of personality characteristics. *Preventive Medicine*, 30, 115-125.
- Kealey, K. A., Peterson, A. V., Gaul, M. A., & Dinh, K. T. (2000). Teacher training as a behavior change process: Principles and results from a longitudinal study. *Health Education & Behavior*, 27, 64-81.
- Dinh, K. T., Sarason, I. G., Peterson, A. V., & Onstad, L. E. (1995). Children's perceptions of smokers and nonsmokers: A longitudinal study. *Health Psychology*, 14, 32-40.
- Dinh, K. T., Sarason, B. R., & Sarason, I. G. (1994). Parent-Child relationships in Vietnamese immigrant families. *Journal of Family Psychology*, 4, 471-482.
- Sarason, I. G., Mankowski, E. S., Peterson, A. V., & Dinh, K. T. (1992). Adolescents' reasons for smoking. *Journal of School Health*, 62, 185-190.

## PRESENTATIONS

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- Dinh, K. T., Tein, J-Y., & Haynes, M. (August, 2010). *Mediators in the Association Between Acculturative Variables and Mental Health Outcomes among Asian Americans*. Poster Presentation, Annual Convention of the American Psychological Association, San Diego, CA.
- Ho, I. K., Dinh, K. T., Bellefontaine, S., & Irving, A. (August, 2010). *Sexual Harassment and Post-Traumatic Stress Disorder among Asian and White Female Students*. Poster Presentation, Annual Convention of the American Psychological Association, San Diego, CA.
- Ho, I. K., Dinh, K. T., Bellefontaine, S., Irving, A. (August, 2010). *Sexual Harassment, Sexual Harassment Attitudes, and Sexual Objectification among Asian Women in the United States*. Poster Presentation, Annual Convention of the Asian American Psychological Association, San Diego, CA.
- Hsieh, C., Thakar, D., Dinh, K. T., Hayashino, D., Ho, I., Le, P. L., Lowe, S., & Tsong, Y. (August, 2010). *AAPI Women Psychologists in the Next Decade: Identity, Mentoring, and Networking*. Interactive Session Presentation, Annual Convention of the Asian American Psychological Association, San Diego, CA.
- Tran, N., Dinh, K. T., Ho, I. K., Nadal, K., Sue, D. W., Lee, M., Langrehr, K., Yoo, Y. C., Alvarez, A. (August, 2010). *Microaggression Research: Envisioning a Future of Expansion, Collaboration, and Innovation*. Interactive Session Presentation, Annual Convention of the Asian American Psychological Association, San Diego, CA.

- Dinh, K. T., Weinstein, T. L., Tein, J-Y, & Roosa, M. W. (June, 2010). *A Mediation Model of the Effects of Acculturative Variables on Internalizing and Externalizing Problem Behavior among Cambodian Youth*. Poster Presentation, 18<sup>th</sup> Annual Meeting of the Society for Prevention Research, Denver, CO.
- Weinstein, T. L., Dinh, K. T., Ho, I. K., Chan, W. Y., & Jeong, A. (June, 2009). *Principles for Practices: Challenges and Lessons in Conducting Research with Asian American Youth Populations*. Roundtable Discussion Presentation, 12<sup>th</sup> Biennial Meeting of the Society for Community Research and Action, Montclair University, NJ.
- Weinstein, T. L., Dinh, K. T., Springle, T. D, Ho, I. K., & Holmberg, M. D. (June, 2009). *The Relationship between Ethnic Labels, Psychosocial Factors, and Educational Outcomes among Cambodian American Students*. Poster Presentation, 12<sup>th</sup> Biennial Meeting of the Society for Community Research and Action, Montclair University, NJ.
- Dinh, K. T. (April, 2008). *Reflections of an Ethnic Minority Professor: Diversity Work Through Research, Teaching, and Service*. Invited Presentation, The 25<sup>th</sup> Annual Multicultural Symposium: Challenging Multiculturalism – Understanding and Promoting Principles of Diversity Across Disciplines, University of South Carolina.
- Dinh, K. T., Nemon, M., Weinstein, T., & Rondeau, S. (June, 2007). *Acculturative Experiences of White College Students in their Contact with Asian Americans*. Poster Presentation, 11<sup>th</sup> Biennial Meeting of the Society for Community Research and Action, Pasadena, CA.
- Dinh, K. T., & Weinstein, T. L. (October, 2006). *Acculturative and Psychosocial Predictors of Academic-related Outcomes among Cambodian American High School Students*. Poster Presentation, 6<sup>th</sup> Annual Diversity Challenge, Institute for the Study and Promotion of Race and Culture, Boston College, MA.
- Dinh, K. T. (September, 2006). *The Future of Lowell: Ensuring Academic Success for Cambodian American Youths*. Paper Presentation, Moses Greeley Parker Lecture Series, Lowell National Historical Park, Massachusetts.
- Dinh, K. T., Castro, F. G., Tein, J-Y., & Kim, S. Y. (June, 2006). *Sociocultural Predictors of Physical and Mental Health Status among Mexican American Women*. Poster Presentation, 14<sup>th</sup> Annual Meeting of the Society for Prevention Research, San Antonio, TX.
- Dinh, K. T. (November, 2005). *The A-B-C in Clinical Practice with Southeast Asians: Basic Understanding of Immigration and Resettlement History*. Invited Presentation, National Symposium on Families, Acculturation, and Resilience: Implications for Mental Health in Asian Americans, Massachusetts General Hospital and Harvard Medical School, Boston, MA.
- Dinh, K. T., Bond, M. A., Roosa, M. W., Birman, D., Weinstein, T., & Maruyama, G. (June, 2005). *Changes among Host Individuals and Communities in their Adaptation to Immigrants*. Roundtable Discussion Presentation, 10<sup>th</sup> Biennial Meeting of the Society for Community Research and Action, University of Illinois, Urbana-Champaign, IL.
- Wasco, S., Mulvey, A., Dinh, K. T., & Bond, M. (June, 2005). *Master's Degree Level Training in Community Psychology*. Symposium Presentation, 10<sup>th</sup> Biennial Meeting of the Society for Community Research and Action, University of Illinois, Urbana-Champaign, IL.

- Bond, M. A., Maloney, E. P., Cazeca, D., & Dinh, K. T. (June, 2004). *Sexual Harassment in Context: Understanding Departmental Influences*. Poster Presentation, Annual Meeting of Graduate Women in Science, Northeastern University.
- Dinh, K. T. (May, 2004). *Clash of Cultures: The Quality of Parent-Child Relationships in Asian American Families*. Poster Presentation, 12<sup>th</sup> Annual Meeting of the Society for Prevention Research.
- Dinh, K. T. (November, 2003). *Clash of Cultures: Asian Immigrant Families in America*. Paper Presentation, Institute for Asian American Studies, University of Massachusetts Boston.
- Allen, N., Dinh, K. T., Darlaston-Jones, D., Torres-Harding, S., & Wituk, S. (June, 2003). *The Student-to-Professional Transition: Positives, Challenges, and Tactics*. Panel Presentation, 9<sup>th</sup> Biennial Conference of the Society for Community Research and Action, New Mexico Highlands University, New Mexico.
- Bond, M. A., Cazeca, D., Maloney, E., & Dinh, K. T. (March, 2003). *Sexual Harassment in Context: Understanding Departmental Influences*. Poster Presentation, 5th Interdisciplinary Conference on Occupational Stress and Health, Toronto, Canada.
- Dinh, K. T. (November, 2002). *Key Issues and Challenges in Research with Asian Immigrant Families*. Invited Presentation, Wellesley College, Massachusetts
- Bond, M. A., Maloney, E., Cazeca, D., & Dinh, K. T. (June, 2002). *Sexual Harassment in Context*. Paper Presentation, Third International Congress on Women, Work, & Health, Stockholm, Sweden.
- Bond, M., Dinh, K. T., & Mulvey, A. (March, 2002). *When Cultures Meet: University Outreach in a Multicultural Community*. Plenary Session Presentation, Annual Meeting of Eastern Psychological Association, Boston, Massachusetts.
- Dinh, K. T., Sarason, B. R., & Sarason, I. G. (August, 1996). *Acculturation Conflict and Parent-Child Relationships in Asian American Families*. Poster Presentation, Annual Convention of the American Psychological Association, Toronto, Canada.
- Dinh, K. T., Sarason, B. R., & Sarason, I. G. (August, 1995). *Family Satisfaction in Asian American Families*. Poster Presentation, Annual Convention of the American Psychological Association, New York.
- Dinh, K. T., Sarason, I. G., & Peterson, A. V. (August, 1993, August). *Adolescents' Reasons for Smokeless Tobacco Use*. Poster Presentation, Annual Convention of the American Psychological Association, Toronto, Canada.
- Dinh, K. T., Sarason, B. R., & Sarason, I. G. (February, 1993). *Mental Health and Quality of Relationships in Vietnamese Immigrant Families*. Paper Presentation, Annual Meeting of Southeast Asian Studies, Seattle, WA.
- Dinh, K. T., Sarason, I. G., Peterson, A. V., & Onstad, L. E. (August, 1992). *Children's Perceptions of Smokers and Nonsmokers: A Longitudinal Study*. Poster Presentation, Annual Convention of the American Psychological Association, Washington, DC.

Dinh, K. T., Sarason, B. R., & Sarason, I. G. (August, 1991). *Parent-Child Relationships in Vietnamese Immigrant Families*. Poster Presentation, Annual Convention of the American Psychological Association, San Francisco, CA.

## **GRANTS & AWARDS**

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- Ethnic Minority Recruitment, Retention and Training in Psychology Grant Award, American Psychological Association
- University Research & Scholarship Council Grant Award, UMass Lowell
- Scholar-in-the-City Award, Patrick J. Mogan Cultural Center, Lowell, Massachusetts
- Health Disparities Research Service Award, National Institutes of Health
- Council on Diversity and Pluralism Research Award, UMass Lowell
- Institute for Asian American Studies Grant Award & Fellowship, UMass Boston
- National Research Service Award, National Institute of Mental Health

## **REVIEWER ROLES**

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### **Journals:**

- American Journal of Community Psychology
- American Psychologist
- Child Development
- Cultural Diversity & Ethnic Minority Psychology
- Journal of Family Issues
- Journal of Marriage and Family
- Journal of Social and Personal Relationships
- Journal of Youth and Adolescence
- Nicotine & Tobacco Research

### **Chapters and Books:**

- Book, *Abnormal Psychology: The Problem of Maladaptive Behavior*, Prentice Hall
- Chapter, *Sampling, Recruiting, and Retaining Diverse Samples*

### **Grants:**

- National Institutes of Health Challenge Grants RFA - American Recovery and Reinvestment Act
- National Institute of Mental Health, Psychosocial Development, Risk, and Prevention Study Section
- National Institute of Mental Health, Minority Research Infrastructure Support Programs



- National Institute of Mental Health, Behavioral Science Track Award for Rapid Transition Program

## **ACADEMIC HONORS AND AWARDS**

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- 2007 Marquis Who's Who in America (61<sup>st</sup> edition).
- 2004-2006 National Health Disparities Research Scholar, National Institutes of Health.
- 2004 Department of Psychology Teaching Award, University of Massachusetts Lowell.
- 2002-03 Research Fellow, Institute for Asian American Studies, University of Massachusetts Boston.
- 1990 Guthrie Prize, Best Undergraduate Psychology Paper, University of Washington.

## **PROFESSIONAL MEMBERSHIPS**

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- American Psychological Association
- Asian American Psychological Association
- Division of Women
- Health Psychology
- International Association for Relationship Research
- Society for Community Research and Action
- Cultural & Racial Affairs Committee
- Society for Prevention Research
- Society for the Psychological Study of Ethnic Minority Issues
- Society for the Psychological Study of Lesbian, Gay, and Bisexual Issues
- Society for the Psychological Study of Social Issues
- Society for the Psychology of Women
- Executive Committee Member, Section V: Psychology of Asian Pacific American Women
- Vietnamese-North American University Professors Network