# **Community Psychology**

# **Final Exam Review Guide**

**\*bring a #2 pencil to the exam and be on time please\***

The midterm exam covers chapters 8-13 in the text and any additional material presented in class by Prof Tran. The following is a list of terms from which 50 multiple choice questions will be drawn.

**Chapter 8**

Stress, Stressor, Strain

Coping

Risk & Protective Factors

Primary & Secondary Appraisal

Contextual & Personal Factors

Distal Factors (Personal & Contextual)

Proximal Stressors

Task-oriented coping

Emotion-related coping

Coping Processes/ 4 Coping Strategies

Social Support

Structural Characteristics of networks

Mutual Help Groups

Direct Effect Hypothesis

Matching Hypothesis

Coping Outcomes

Stress Buffering Hypotheses

Direct Effect vs. Stress-Buffering

# Downside of Social Support

Network-Centered Interventions

**Chapter 9-11**

Prevention & Promotion

Bower’s Model of Competence Development

Kaplan’s Prevention Model

Key-Integrated Social Systems (KISS)

Ailing-in-Difficulty Institutions (AID)

Illness Correctional Endeavors (ICE)

Primary, Secondary, & Tertiary

Universal, Selective, & Indicative

Primary & Secondary KISS Systems

Early Intervention

Risk Factor Assessment

Best Practice Principles of Effective Programs

Efficacy Effectiveness Dilemma

School Intervention Implementation Study

Sustainability

Program-School Fit/Match Factors

# **Chapter 12**

Citizen Participation

Participation/Efficiency Balance

Means-End Distinction

Empowerment

Qualities of Empowerment

Needs Perspective

Right’s Perspective

Power & Types

Integrative Power

Reward Power

Coercive Power

Legitimate Power

Expert Power

Referent Power

Empowering Orgs vs. Empowered Ogs

Qualities of Empowering Orgs

How to increase solidarity

How to increase member participation

Dilemmas of Empowerment

**Chapter 13**

Logic Model

Program Development

Evaluation

Consciousness Raising

Social Action

Community Development

Community Coalitions

Organizational Consultation

Creating Alternative Settings

Policy Research & Advocacy

Conditions

Activities

Outcomes

Impacts

**Chapter 14**

Sources of Program Failure

Theory Failure

Implementation Failure

Program Evaluation Steps

Empowerment Evaluation

Accountability Questions