

General Psychology: Fall 2008

Final Exam Study Guide

For all the terms listed below, you should be able to define them, understand the principles that govern them or their importance to psychology, and/or connect them to real-life examples.

Topic 6: Personality and Human Development (Wade & Tavris, Ch. 2-3)

- Definition of personality
- Social-cognitive learning theory, psychodynamic theories, humanist theory, trait theory
- Id-ego-superego
- Defense mechanisms
- Psychosexual stages of development
- Critical evaluation of psychoanalysis and Sigmund Freud
- Objective personality tests (inventories)
- Factor analysis
- Big Five personality traits
- Consistency and stability of personality traits
- Heritability and behavioral genetics
- Temperament
- Reciprocal (mutual) determinism
- Non-shared environment
- Parental influence on personality
- Peer influence on personality
- Cultural influences on personality
- Individualistic vs. collectivistic cultures
- Barnum effect
- Socialization
- Pre-natal development
- Fetal alcohol syndrome
- Harlows' research with rhesus monkeys
- Attachment/secure vs. insecure attachment
- Separation anxiety
- Mental module for language/language acquisition device
- Piaget and cognitive development
- Sensorimotor, preoperational, concrete operations, formal operations
- Power assertion vs. induction
- Gender identity and gender typing
- Adolescence
- Erikson's stages of development
- Adult development and aging
- Resilience

Topic 7: Social Behavior (Wade & Tavris, Ch. 10)

- Social roles
- Norms
- Milgram's studies of obedience
- Attribution/attribution theory
- Situational vs. dispositional attributions
- Fundamental attribution error
- Self-serving bias
- Just-world hypothesis
- Cognitive dissonance
- Asch's studies of conformity
- Friendly vs. coercive persuasion
- Groupthink
- Diffusion of responsibility
- Bystander behavior/bystander apathy
- Social and ethnic identity
- Ethnocentrism
- Assimilation and acculturation
- Stereotypes/stereotyping
- Implicit attitudes
- Prejudice

Topic 8: Emotion and Motivation (Wade & Tavris, Ch. 13-14)

- Facial expressions and facial feedback
- Primary emotions
- Attributions and happiness
- Gender differences in emotion
- Emotional expression
- General adaptation syndrome
- Alarm, resistance, exhaustion phases of response to stress
- Pessimistic vs. optimistic explanatory styles
- Internal vs. external locus of control
- Hostility
- Emotion- and problem-focused coping
- Reappraisal
- Social support
- Intrinsic vs. extrinsic motivation
- Attachment/attachment theory of love
- Gender roles
- Sex differences in sexual motivation
- Sexual orientation
- Set point theory
- Anorexia and bulimia
- Need for achievement
- Approach goals vs avoidance goals
- Self-efficacy
- Hierarchy of needs

Topic 9: Abnormal and Clinical Psychology (Wade & Tavris, Ch. 11-12)

- DSM
- Cultural consensus
- Reliability and validity of tests and diagnostic interviews
- Anxiety disorders: phobia, generalized anxiety disorder, PTSD, obsessive-compulsive disorder, panic disorder
- Mood disorders: major depression, mania, bipolar disorder
- Personality disorders: antisocial personality disorder
- Psychotic disorders: schizophrenia, paranoia
- Delusions and hallucinations
- Word salad
- Catatonia
- Antipsychotic drugs, antidepressants, tranquilizers
- SSRIs
- Lithium
- Placebo effect
- Lobotomy
- ECT
- Psychoanalysis
- Psychodynamic (“depth”) therapies
- Behavior therapy
- Cognitive therapy
- Humanistic and client-centered therapy
- Couples and family therapies
- Therapeutic alliance