

TOPIC 4: Psychopathology of Behavior

From our Course Objectives:

You should be able to:

- List the key characteristics associated with many of the major patterns of psychological dysfunction
- Describe the current diagnostic system used by mental health professionals and explain its limitations
- Explain why thinking of abnormality in terms of "illness" and "disease" can be problematic
- Think critically and empirically about a number of contemporary debates and controversies in the field

In the Butcher, Mineka, & Hooley text: Chapter 8, pp 254-263; Chapter 9, pp 282-299 (descriptive paragraphs only) and 302-305; Chapter 10, pp 316-322 and 332-345 (descriptive paragraphs only); Chapter 11, pp 350-359 and 363-369 (descriptive paragraphs only); and Chapter 14, pp 440-448 (descriptive paragraphs only).

In Meyer, Chapman, & Weaver, Chapter 8, the case of Jeffery; Chapter 9, the cases of Betty and Elvis; Chapter 10, the cases of Karen and Diana; Chapter 11, the cases of Ted B and Ted K; Chapter 12, the case of Fyodor

4.1 Behavior, Motivation, and Personality

4.1.1 Normal vs. Abnormal Behavior

- Appropriate to the situation
- Adaptive

4.1.2 Understanding Motivation

- Needs, drives, motives, goals: the inner forces
- Self-control: Compulsion and addiction

4.1.3 Understanding Personality

- Enduring patterns of behavior
- Consistency and stability

4.1.4 What's Abnormal? Behavior Disorders

4.2 Problems with Alcohol and Other Drugs

4.2.1 Drinking Problems

- What's normal?
- Bad vs. sick
- Pathological patterns: Dependence and abuse
- Signs and symptoms

4.2.2 Drug Problems

- What's normal?

- Does illegality matter? Bad vs. sick
- Pathological patterns: Dependence and abuse
- Signs and symptoms

4.3 Behavior and Health

4.3.1 Eating Disorders

- Disordered eating vs. eating disorders: Drawing the line
- Anorexia
- Bulimia
- Proposed: Binge eating disorder, compulsive over-eating

4.3.2 Health Behaviors

- Malingering
- Factitious disorder
- Health habits and behaviors that impair health

4.4 Other Problems of Motivation and Impulse Control

4.4.1 Sexual Deviance

- What's normal? Why says?
- Bad vs. sick
- Is deviance sufficient?
- DSM: Paraphilias (fetishism, transvestic fetishism, exhibitionism, voyeurism, sadism and masochism, pedophilia)
- Do rapists and child molesters suffer from a mental disorder?

4.4.2 Behavior Problems in Childhood

- Externalizing and disruptive behavior
- Bad vs. sick
- DSM: Attention-deficit/hyperactivity disorder, oppositional defiant disorder, conduct disorder

4.4.3 Other Impulse-Control Disorders

- DSM: Intermittent explosive disorder, pathological gambling
- DSM: The "manias"--kleptomania, pyromania, trichotillomania

4.5 Behavior and Personality

4.5.1 Personality Disorders in DSM

- Axis II
- The controversy: Category vs. dimension

4.5.2 Odd Personalities

- DSM: Schizoid, schizotypal, and paranoid

4.5.3 Troublesome Personalities

- DSM: Borderline, histrionic, narcissistic, and antisocial

4.5.4 Troubled Personalities

- Dependent, avoidant, and obsessive-compulsive

