## Lecture 23 - Introduction to the Ball Walk

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Throughout, a convex body $K \subset \mathbb{R}^{n}$ will mean a closed, bounded convex set. All convex bodies will be given by a "well-guaranteed membership oracle", i.e. we are given that a sphere of radius $R$ centered at the origin contains the body, and a sphere of radius $r$ is contained in the body, with $R, r>0$, and a black-box oracle, which given a point $x \in \mathbb{R}^{n}$ says 'yes' if $x$ is in $K$ and 'no' otherwise. Typically $r=1$ and $R$ is a low degree polynomial in $n$.

Let $B(x, \delta)$ denote the $n$ dimensional ball of radius $\delta$ centered at $x$. Let $K+\varepsilon$ denote the set of points at distance at most $\varepsilon$ from $K$. Let $\operatorname{Vol}_{n}(A)$ denote the $n$-dimensional volume of a set $A$.

Last time it was shown that estimating the volume of a convex body $K$ can be reduced to the problem of sampling uniformly from a convex body. The following algorithms have been proposed for sampling from a convex body.

1. Grid walk $[2,5]$ : Divide the space $\mathbb{R}^{n}$ into "very small" cubes. Perform the following random walk on the centers of cubes which intersect $K+\varepsilon$ for some suitably defined $\varepsilon$.

- Start the walk at the center of the cube containing the origin.
- Choose a facet of the present cube with probability $1 / 2 n$. If the cube sharing the facet intersects $K+\varepsilon$, move to the cube, otherwise stay in the same cube.

2. Integration [1]: Consider a function which is defined to drop off quickly outside of $K$. Integrating this function over $K$ will give an estimate on the volume of $K$. Sampling from such a function can be used to integrate it. It turns out that log-concave functions are a class which can be sampled from, and hence can be used to give estimates on the volume.
3. Ball Walk [6]: From a point $x \in K$ choose a point uniformly at random from $B(x, \delta)$ for some small $\delta$. If the point chosen lies in $K$, move to it, otherwise stay at $x$. Intuitively it seems that if we start in a 'corner' then it might take some time to get out of it. The next random walk avoids this problem.
4. Hit-and-Run [7]: From a point $x \in K$ choose a direction uniformly at random and move to a point uniformly along that direction in $K$.

We will bound the mixing time of the Ball Walk. In order to do this, we first consider the random walk which at each step from the current point $x$ samples uniformly from $K \cap B(x, \delta)$. Of course, we have to ensure that $\operatorname{Vol}_{n}(K \cap B(x, \delta))$ is a large enough fraction of $\operatorname{Vol}_{n}(B(x, \delta))$.

Since the Markov chain is now over a continuous space, we define the transition probability from $x \in K$ to a set $A$ as follows:

$$
P(x, A)=\int_{y \in B(x, \delta) \cap K \cap A} \frac{d y}{\operatorname{Vol}_{n}(B(x, \delta) \cap K)}
$$

Define the local conductance of a point $x \in K$ as

$$
\ell(x)=\frac{\operatorname{Vol}_{n}(B(x, \delta) \cap K)}{\operatorname{Vol}_{n}(B(x, \delta))}
$$

and let the distribution $\mu$ over subsets $A$ of $K$ be

$$
\mu(A)=\frac{1}{L} \int_{A} \ell(x) d x \text { where } L=\int_{K} \ell(x) d x
$$

It can be shown that the samples obtained will be proportional to the local conductance in the limit.
Lemma 23.1. $\mu$ is a stationary distribution for the Markov chain with probabilities given by $P$.

Proof. The proof follows Jerrum [3]. If we choose a point $x$ according to the density $\mu$, and make a step according to $P$ and denote the new distribution on sets by $\mu_{1}$, we have,

$$
\begin{aligned}
\mu_{1}(A) & =\int_{y \in A} \mu_{1}(d y) \\
& =\int_{y \in A} \int_{x \in K} P(x, d y) \mu(d x)
\end{aligned}
$$

Using the definition for $P(x, d y)$, this is

$$
=\int_{y \in A} d y \int_{x \in B(y, \delta) \cap K} \frac{\mu(d x)}{\operatorname{Vol}_{n}(B(x, \delta) \cap K)}
$$

Substituting for $\mu(d x)$ we obtain

$$
\begin{aligned}
& =\frac{1}{L} \int_{y \in A} d y \int_{x \in B(y, \delta) \cap K} \frac{\ell(x) d x}{\operatorname{Vol}_{n}(B(x, \delta) \cap K)} \\
& =\frac{1}{L} \int_{y \in A} d y \int_{x \in B(y, \delta) \cap K} \frac{d x}{\operatorname{Vol}_{n}(B(x, \delta))} \\
& =\frac{1}{L} \int_{y \in A} d y \int_{x \in B(y, \delta) \cap K} \frac{d x}{\operatorname{Vol}_{n}(B(y, \delta))} \\
& =\frac{1}{L} \int_{y \in A} \ell(y) d y \\
& =\mu(A)
\end{aligned}
$$

Theorem 23.2. [4] There is a constant $c>0$ so that the mixing time of a Markov chain can be bounded as

$$
\tau(\varepsilon) \leq c \int_{\pi_{*}}^{1 / 2} \frac{d x}{x(\Phi(x))^{2}}+\frac{\ln (1 / 2 \varepsilon)}{\Phi^{2}}
$$

where $\Phi$ is the average conductance.
For a continuous space chain $\pi_{*}=0$ and this does not give a good bound. We will use the following theorem bounding the time to get constant away from stationarity in variation distance instead.
Theorem 23.3.

$$
\tau(1 / 4) \leq 15,000\left[\int_{\pi_{1}}^{1 / 2} \frac{d x}{x(\Phi(x))^{2}}+\frac{1}{\Phi}\right]
$$

where $\pi_{1}=\sup \left\{t: \forall A \subseteq \Omega\right.$ s.t. $\left.\pi(A)=t, P\left(x, A^{c}\right) \geq 1 / 10 \forall x \in A\right\}$
We will show that if points are chosen only from $B(x, \delta) \cap K$ then

$$
\pi_{1} \geq \frac{1}{2}\left(\frac{\delta}{D}\right)^{2 n}
$$

where $B(0,1) \subseteq K \subseteq B(0, D / 2)$, and that

$$
\Phi(x) \geq \min \left\{\frac{1}{288 \sqrt{n}}, \frac{\delta}{81 \sqrt{n} D} \ln \left(1+\frac{1}{x}\right)\right\}
$$

## References

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