## Lecture 5 - $L^p$ distances and the Spectral Decomposition

Wednesday, August 25

In general it is difficult to determine the spectral decomposition, and even when possible it is non-trivial to write the *t*-step transition probabilities and turn this into a bound on variation distance. In this lecture we will focus first on relating the spectral decomposition to a quantitative bound on mixing time, and next on showing that the second largest (in magnitude) eigenvalue suffices.

First, consider a heuristic. Suppose that P can be diagonalized with eigenvalues  $\lambda_i$  and eigenbases  $\vec{v_i}$  for  $i = 1 \dots n$ , where  $n = |\Omega|$ . Then

$$\mathbf{p}^{(0)} = \sum_{k=1}^{n} \frac{\langle \mathbf{p}^{(0)}, \overrightarrow{v_{i}} \rangle}{\langle \overrightarrow{v_{i}}, \overrightarrow{v_{i}} \rangle} \overrightarrow{v_{i}}$$

for the standard scalar product  $\langle \overrightarrow{a}, \overrightarrow{b} \rangle = a \cdot b$ . Then

$$\mathbf{p}^{(t)} = \sum_{k=1}^{n} \frac{\langle \mathbf{p}^{(0)}, \overrightarrow{v_{i}} \rangle}{\langle \overrightarrow{v_{i}}, \overrightarrow{v_{i}} \rangle} \lambda^{t} \overrightarrow{v_{i}}$$

$$\xrightarrow{t \to \infty} \frac{\langle \mathbf{p}^{(0)}, \overrightarrow{v_{1}} \rangle}{\langle \overrightarrow{v_{1}}, \overrightarrow{v_{1}} \rangle} \lambda_{1}^{t} \overrightarrow{v_{1}} + \frac{\langle \mathbf{p}^{(0)}, \overrightarrow{v_{2}} \rangle}{\langle \overrightarrow{v_{2}}, \overrightarrow{v_{2}} \rangle} \lambda_{2}^{t} \overrightarrow{v_{2}}$$

$$= \pi + \frac{\langle \mathbf{p}^{(0)}, \overrightarrow{v_{2}} \rangle}{\langle \overrightarrow{v_{2}}, \overrightarrow{v_{2}} \rangle} \lambda_{2}^{t} \overrightarrow{v_{2}}$$

if  $\lambda_2$  is the second largest (in magnitude) eigenvalue. When  $|\lambda_n| > \lambda_2$  then a similar bound holds with  $\vec{v_2}$  replaced by  $\vec{v_n}$  instead. In short, the second largest (in magnitude) eigenvalue will govern the mixing time.

In order to prove this we need a few preliminary steps.

**Theorem 5.1.** If P is reversible and ergodic then it has a spectral decomposition with eigenvalues  $1 = \lambda_1 > \lambda_2 \geq \cdots \geq \lambda_n \geq -1$  and moreover

$$\left(\mathsf{P}^{t}\right)_{ij} = \sqrt{\frac{\pi(j)}{\pi(i)}} \sum_{m=1}^{n} \lambda_{m}^{t} \ (\overrightarrow{u_{m}})_{i} \ (\overrightarrow{u_{m}})_{j}$$

where  $u_m$  is the m-th left eigenvector of the matrix  $S = D P D^{-1}$  with  $D = diag(\sqrt{\pi(1)}, \sqrt{\pi(2)}, \dots, \sqrt{\pi(n)})$ .

Proof. Our argument is a simplification of one found in Chapter 3, Section 4 of Aldous and Fill's book [1].

Observe from the definition that  $S_{ij} = \pi(i)^{1/2} \mathsf{P}_{ij} \pi(j)^{-1/2}$ . It is easily verified that S is symmetric if  $\mathsf{P}$  is reversible (check this yourself). Then S is a symmetric real matrix and so the Spectral theorem says that S ha a spectral decomposition

$$S = U \Lambda U^T$$

where the columns of U are the orthonormal left eigenvectors, and  $\Lambda = diag(\lambda_1, \lambda_2, \dots, \lambda_n)$  where  $\lambda_i$  are the eigenvalues of S.

Then the  $\lambda_i$  are eigenvalues of P as well, with left eigenvectors  $(\overrightarrow{v_m})_i = \sqrt{\pi(i)} (\overrightarrow{u_m})_i$ , i.e.  $\sum_{i=1}^n (\overrightarrow{v_m})_i \mathsf{P}_{ij} = \lambda_m (\overrightarrow{v_m})_j$ . (check this yourself)

Therefore,

$$\mathsf{P}^t = D^{-1} S^t D = D^{-1} U \Lambda^t U^T D$$

and the theorem follows by computing the elements  $(\mathsf{P}^t)_{ij}$  in this expansion.

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Exercise 1. Verify that this works on the uniform two-point example worked out earlier.

The upper bound on total variation distance will be done by bounding a different distance, which in turn upper bounds total variation distance. The  $L_p$ -norm of a function f is given by

$$||f||_{p,\pi} = \left[\sum_{x \in \Omega} |f(x)|^p \, \pi(x)\right]^{1/p}$$

The total variation distance is then

$$\|\mu - \pi\|_{TV} = \frac{1}{2} \sum_{x \in \Omega} |\mu(x) - \pi(x)| = \frac{1}{2} \sum_{x \in \Omega} \left| 1 - \frac{\mu(x)}{\pi(x)} \right| \, \pi(x) = \frac{1}{2} \, \left\| 1 - \frac{\mu}{\pi} \right\|_{1,\pi} \, .$$

Cauchy-Schwartz shows that  $||f||_{p,\pi} \le ||f||_{q,\pi}$  if  $q \ge p$ , so in particular

$$\boxed{\|\mu - \pi\|_{TV} \le \frac{1}{2} \|1 - \frac{\mu}{\pi}\|_{2,\pi}}$$

Finally, we can bound the variation distance.

Theorem 5.2. Given a reversible ergodic Markov chain then

$$4 \left\| \mathsf{P}^{t}(x,\cdot) - \pi \right\|_{TV}^{2} \le \left\| 1 - \frac{\mathsf{P}^{t}(x,\cdot)}{\pi(x)} \right\|_{2,\pi}^{2} = \frac{\mathsf{P}^{2t}(x,x)}{\pi(x)} - 1 = \frac{\sum_{m=1}^{n} \lambda_{m}^{2t} \left( \overrightarrow{u_{m}} \right)_{x}^{2}}{\pi(x)} - 1 \le \frac{1 - \pi(x)}{\pi(x)} \lambda_{max}^{2t}$$

where  $\lambda_{max} = \max\{\lambda_2, |\lambda_n|\}.$ 

*Proof.* From the definition it follows that

$$\left\|1 - \frac{\mathsf{P}^t(x,\cdot)}{\pi}\right\|_{2,\pi}^2 = \sum_{y \in \Omega} \pi(y) - 2\,\mathsf{P}^t(x,\cdot) + \frac{\mathsf{P}^t(x,y)^2}{\pi(y)} = \sum_{y \in \Omega} \frac{\mathsf{P}^t(x,y)}{\pi(y)} - 1\,.$$

To simplify further observe that

$$\frac{\mathsf{P}^{t}(x,y)^{2}}{\pi(y)} = \frac{\mathsf{P}^{t}(x,y)\,\pi(x)\mathsf{P}^{t}(x,y)}{\pi(x)\pi(y)} = \frac{\mathsf{P}^{t}(x,y)\,\pi(y)\mathsf{P}^{t}(x,y)}{\pi(x)\pi(y)} = \frac{\mathsf{P}^{t}(x,y)\mathsf{P}^{t}(y,x)}{\pi(x)}$$

where the second equality followed from  $\pi(x) \mathsf{P}^t(x, y) = \pi(y) \mathsf{P}^t(y, x)$  (use reversibility and induction). Therefore,

$$\left\|1 - \frac{\mathsf{P}^t(x,\cdot)}{\pi}\right\|_{2,\pi}^2 = \sum_{y \in \Omega} \frac{\mathsf{P}^t(x,y)\mathsf{P}^t(y,x)}{\pi(x)} - 1 = \frac{\mathsf{P}^{2t}(x,x)}{\pi(x)} - 1$$

completing the first equality.

For the second equality apply Theorem 5.1.

For the final inequality we simplify the eigenvalue bounds.

$$\sum_{m=1}^{n} \lambda_m^{2t} \ (\overrightarrow{u_m})_x^2 = (\overrightarrow{u_1})_x^2 + \sum_{m=2}^{n} \lambda_m^{2t} \ (\overrightarrow{u_m})_x^2 \le (\overrightarrow{u_1})_x^2 + \lambda^{2t} \ \left( - (\overrightarrow{u_1})_x^2 + \sum_{m=1}^{n} (\overrightarrow{u_m})_x^2 \right)$$

To finish, recall that  $(\overrightarrow{u_m}) \propto \frac{(\overrightarrow{v_m})}{\sqrt{\pi}}$ . It follows that  $(\overrightarrow{u_1}) \propto \frac{\pi}{\sqrt{\pi}} = \sqrt{\pi}$ . In fact,  $\sqrt{\pi}$  is a unit vector, so  $(\overrightarrow{u_1}) = \sqrt{\pi}$  and in particular  $(\overrightarrow{u_1})_x^2 = \pi(x)$ . For the term in the sum, recall that  $U = ((\overrightarrow{u_1}), (\overrightarrow{u_2}), \ldots, (\overrightarrow{u_n}))$  is an orthonormal matrix. It follows that  $U^{-1} = U^T$  and so  $UU^T = I$ . The matrix  $U_{ij} = (\overrightarrow{u_j})_i$  and so it follows that the dot product of row *i* with row *j* is 1 if i = j and 0 otherwise, in particular  $\sum_{m=1}^n (\overrightarrow{u_m})_x^2 = 1$ . Substitution into the equation above finishes the proof.

Remark 5.3. A similar argument shows that

$$\left(\mathsf{P}^{t}\right)_{ij} = \sqrt{\frac{\pi_{j}}{\pi_{i}}} \sum_{m=1}^{n} \lambda_{m}^{t} \left(\overrightarrow{u_{m}}\right)_{i} \left(\overrightarrow{u_{m}}\right)_{j} \xrightarrow{t \to \infty} \sqrt{\frac{\pi_{j}}{\pi_{i}}} \left(\sqrt{\pi_{i}\pi_{j}} + \lambda_{max}^{t}\right) = \pi_{j} + \sqrt{\frac{\pi_{j}}{\pi_{i}}} \lambda_{max}^{t}$$

Therefore  $\lambda$  also can be used to find the rate at which the t-step distribution approaches  $\pi$ .

**Exercise 2.** Compare the total variation bound for the uniform two-point space to the  $L^2$  bound and the bound derived from  $\lambda_{max}$ .

## References

[1] D. Aldous and J. Fill. Reversible markov chains and random walks on graphs (book to appear). URL for draft http://www.stat.Berkeley.edu/users/aldous.