Select any five (5) of the following questions, and answer each in a well-thought-out essay of 3-4 blue book pages. Each answer is worth 12 points, and you should plan to devote anywhere from 15 to 20 minutes to each essay. For each question you select, please number your answer in your exam book and enter those numbers, along with your name, on the front cover.

Here are the areas that will be covered by exam questions:

- 1. What diagnosis does and does not mean in mental health
- 2. Categorical classification and the Diagnostic and Statistical Manual system of classification
- 3. Depressive disorders and how they can be distinguished
- 4. Distinguishing normal from pathological use of alcohol and other drugs
- 5. Psychotic disorders and how they can be distinguished
- 6. Understanding and applying the biopsychosocial framework to mental disorders
- 7. The heredity-environment debate and the role of heritability
- 8. How principles of learning can be used to explain mental disorders, and how learning-based techniques can be used to treat mental disorders
- 9. How cognitive psychology can help explain mental disorders, and how cognitive techniques can be used to treat mental disorders
- 10. When prescription medications should and should not be used as a form of treating psychopathology